

The Purchase Pause

A little space between wanting something and deciding to buy it.

Use this together when a purchase feels tempting. There is no perfect answer - just a chance to choose with care.

The purchase we are considering

FIRST, WHAT IS IT?

☐ A need☐ A want☐ We are not sure yet

What are we hoping this purchase will do for us?

Before we decide

Can we pay the full cost without financing?

☐ Yes☐ No☐ Not sure

After our needs and priorities come first, is there room for it?

☐ Yes☐ No☐ Not sure

If we wait and revisit this later, what might change?

What would we rather protect or put first with this money?

OUR DECISION FOR NOW

☐ Buy☐ Wait and revisit☐ Let it go

If we wait, we will revisit on:

A pause is not a punishment. It gives us room to choose with care.

Small, thoughtful choices can help us tend the future we hope to share.